

*Praeclarus Press Presents*

# Community Support For New Families

A Guide to Organizing a Postpartum  
Parent Support Network in Your Community

Jane I. Honikman, M.S.

*Founder, Postpartum Support International*

Community Support  
For New Families



A Guide to Organizing a Postpartum Parent  
Support Network in Your Community

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\$19.95  
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You can make all the difference for moms and dads in your town! Ready to be inspired? Jane Honikman, renowned parent champion, will guide you—every step of the way—with this crisp, clear handbook!

—**Harvey Karp, MD, FAAP, Assistant Professor of Pediatrics, USC School of Medicine**

*Community Support for New Families* provides a goldmine of ideas for anyone moved to undertake an organized effort to strengthen families. There is no other book like it, and while Jane Honikman's focus for the last 40 years has been on helping parents, I feel that the detailed suggestions she provides can be used as a blue print for all kinds of causes.

—**Marian Tompson, Author, *Passionate Journey: My Unexpected Life*, co-founder, La Leche League International**

*Community Support for New Families* is a how-to for channeling compassion for families into real and lasting support. Ms. Honikman, the founder of Postpartum Support International, has mapped a thorough and methodic guide that asks the questions needed to successfully establish and sustain a local support group or network. Along with her advice based in 40 years of experience and her own successful parent-support organization, I know our API Leaders would greatly appreciate the time saved and benefit from the lessons learned by using this resource. The generous sharing of this wisdom provides a tremendous opportunity to scale-up the availability of support to families.

—**Samantha Gray, Executive Director, Attachment Parenting International**



Jane Honikman, M.S., is a Postpartum Parent Support Consultant from Santa Barbara, California. In 1977, she co-founded Postpartum Education for Parents (PEP). She founded Postpartum Support International (PSI) in 1987. She lectures internationally on the role of social support and the emotional health of families.



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